

FREE Standard Issue Vol. 8 No. 6 - June 2017


## Letter from the Editor

## Jody Anderson

Hi!
It's Winter here, and I'm feeling just a touch envious of those of you lucky enough to be entering a Northern Hemisphere summer. Still, it's not too bad here really, and my spring bulbs have started flowering early, which makes the view outside my window look pretty anyway. I'm just not looking further than the bulbs in the garden - our young Labrador puppy has pretty much decimated the rest of the yard, and let's just say that it's not so pretty right now.

Speaking of puppies though - check out our new feature on page 19, where you'll find download links for a couple of FREE patterns, including a very cute puppy applique! This month we're thrilled to share our newest quilt pattern too, for our Liberty Log Cabin on the front cover, and there's some great articles and "How To's", and there's tons more!

Grab a cuppa, put your feet up, take a look at this issue, and enjoy the sunshine wherever you are!

## Jody

## Free Motion Quilt Tutorial - The Greek Key

By Lori Kennedy from www.theinboxjaunt.com



The Greek Key is a motif found in art, architecture, fashion and garden design and dates back to ancient history.

Today's motif maintains the classic look, and is easy to stitch.


Begin by drawing two parallel lines. This motif can be very narrow or very wide. In the tutorial below, the lines are one inch apart.

Begin stitching on the bottom line.

Stitch straight up to the top line.

Stitch straight across the top line.

Stitch straight down, stopping above the bottom line.

Stitch over two or three stitches, then stitch straight back up, stopping below the top line.


Stitch over four or five stitches.


Stitch down to the bottom line.


Stitch on the bottom line, underneath the first motif. Stitch beyond the first motif to begin the next Greek Key.


Continue stitching several motifs in a row.


Change the look of this motif, from square to more rectangular by adjusting the number the stitching on the top line. (By shortening the
stitching on the top line, the motif becomes more narrow and rectangular.)


Create interest by varying the rows.


The Easy Greek Key is the "squared off" version of The Paperclip. To make learning The Greek Key even easier, try Paperclip first. Once you have mastered the rhythm of the Paperclip, The Greek Key will be EASY!

Can't wait to see what YOU make with this gorgeous border pattern!

Happy Stitching,
Lori

About the Author: Lori Kennedy claims she has been passionate about quilting since birth and believes quilting is in her blood--her grandmother, mother and two sisters are all quilters. She can't stop talking (about quilting) and can be found discussing free motion quilting daily at www.theinboxjaunt.com and bimonthly in her column, 'My Line with Lori Kennedy' in American Quilter Magazine.

When she's not blogging, taking photos or quilting, she can be found hiking the trails of Minnesota with her husband, six kids and two Australian Shepherds.

Look for her Craftsy Classes Divide and Conquer: Creative Quilting for Any Space, and Creative Free-Motion Techniques, From Doodle to Design

## The Inbox Jaunt

 Free Motion Quilting

## Lori Kennedy <br> www.theinboxjaunt.com

## Project - "Liberty Log Cabin" Quilt

By Jody Anderson from www.QuiltBlockoftheMonthClub.com


What better way to show off a few more stunning Liberty fabrics than with a simply pieced Log Cabin Lap Quilt?

We used left over lengths of the new print fabrics from the selection of 16 fat quarters we used for our special Libertyinspired projects last month.

This classic design shows off the print fabrics beautifully in a riot of colour, and still gives plenty of plain contrast negative space, for you to have fun quilting in!

This quilt is 54 inches square.

## You Will Need:

112-2 metres/ yards plain white fabric
16 assorted Liberty fabric prints - we used left over lengths from last month's projects. We used a Fat Quarter pack for this quilt (and all of our other Liberty fabric projects).

Batting measuring at least $58 \times 58$ inches
Backing fabric measuring at least $58 \times 58$ inches

## Cut:

You need to make 16 Log cabin blocks for this throw sized quilt. (It is easy to upsize for a bed sized quilt too - just make more blocks to repeat the pattern and add more height and width to this quilt, as required.) The cutting guide below gives amounts for ONE block.

## Liberty Log Cabin Block

Key Block ( $1 / 5$ actual size)




1 patch

$\square$ 1 patch


1 patch

C


1 patch


D $\quad 8 \xrightarrow{|c| c}$


1 patch


F


1 patch

G

$\square$ 1 patch

н


## 1 patch

Note - read pattern through fully first before cutting, as we recommend you cut lengths for your border strips first, before cutting the plain white strips for your blocks.

## Log Cabin Block Piecing:



These log cabin blocks are really easy to piece. You simply start in the centre and work your way out.

Do take care with your seam allowances though they need to be consistent within each block for the best results.

To start, join piece G to the centre square H .

Press seam.


Add the print piece F to the right hand side, and press.


Now add the plain piece $F$ across the bottom, and press.


Now add plain piece E to the left hand side and press.


Sew patterned piece E across the top, and press.


Add patterned piece $D$ to the right hand side and press.


And add plain piece $D$ to the bottom. Press.


Sew plain piece $B$ to the left hand side and press.


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Add patterned piece $B$ across the top. Press.


Sew patterned piece $C$ to the right hand side. Press.


And add plain piece C to the bottom. Press.


Finally sew plain piece $A$ to the left hand edge to finish.

Press block well, and repeat to make 15 more, so you have 16 in total.

Remember to keep the prints all to one side, and have fun mixing and matching your different patterned fabrics.

## Assembly:



This quilt is laid out in a simple $4 \times 4$ grid, however you do need to arrange your blocks in 4
sets of 4 first, as shown, in order to achieve the layout pattern.

Then position the four sets of 4 blocks next to each other like a big 4-patch, as pictured in the top quilt photo, so you end up with a patterned circle in the centre.

When you are happy with the positions, sew the blocks into rows and press seams in alternate directions between the rows. Join the rows together and press well.

## Border:



There is a single plain white border around your pieced log cabin blocks.

The border strips are cut $31 / 2$ inches wide.
Measure the quilt first, and cut the border to suit. (If you are cutting the border strips first, cut 4 strips about 55 inches long, and you can trim them to fit later.)

The two side border strips should measure about $481 / 2$ inches long, and you will need two strips about $541 / 2$ inches for top and bottom borders.

Join the side borders first, and press, then add top and bottom.

## Quilting:

Place your backing fabric face down on a flat surface, then smooth the batting on top. Put your quilt top on top of that, centred and smoothed flat.

Pin the layers together in preparation for quilting. We quilted a frame in the negative space around
the centre circle, then filled in the space with patches of dense quilting, and evenly spaced parallel lines. We quilted star spokes in the patterned log cabin sections. An edge to edge quilting pattern would look great too.

## Finishing:

Trim the batting and backing to match your quilt top. Cut sufficient $21 / 4$ inch binding strips from the remainder of the white fabric and join together with 45 degree seams. Press the $1 / 4$ inch seams open, then fold the strip in half, right sides out and press.

Join the binding to the right side of the quilt edge with a quarter inch seam, mitring each corner as you go. Turn the folded edge of the binding to the back and slip stitch it in place with thread that matches the binding to finish.

For More Great Quilt Patterns, Go To:
www.QuiltBlockoftheMonthClub.com


## Want Five (5) FREE Bag Patterns???



## Join our Bag Making Patterns Club this Month and receive:

* A Brand New Bag pattern EVERY Two weeks - patterns are downloadable, with lots of photos, detailed instructions and ready-to-go templates
* Two-weekly newsletter
*Extra Bonus - This Month ONLY - 5 of our Favourite Bag Patterns!
And all this is yours for LESS THAN \$10 per month!
Check it out and Join the Club at www.BagMakingPatterns.com


## FREE Quilt Pattern Roundup!!!

(Check out what's available for FREE!!)


Isn't this gorgeous? Click the link below to download your FREE Pattern for this "With All My Heart Red FREE Quilt Pattern"
http://shrsl.com/?iaen


And who wouldn't want to take this cute puppy home? Click the link below to download this FREE Applique pattern.
http://shrsl.com/?iaeo

## Quilt Ideas - Quilt Designs for Beginner Quilters

By Rose Smith from www.ludlowquiltandsew.co.uk

My first point would be that a small project is far more likely to be completed than a large quilt.

While a large quilt top can be made first in small parts and then sewn together, it can still be difficult for a beginner to cope with layering and quilting a large project if they have not done it before. This is why I often start beginners on a tote bag, baby quilt or cushion cover. This way they can learn to make patchwork quilts - and find out what the jargon means - relatively quickly.

This gives the satisfaction of seeing something beautiful that is hand-made and the desire to make another quilt soon follows.

There are several things to look for when searching for quilt designs for beginners.

The first and most simple design would be using squares and making a design through the different colours of the fabrics used. This is simple to measure, cut and sew, making it an ideal beginner quilt pattern.


Next a pattern that introduces rectangles as well could be attempted. This quilt design will have right angles only, so that the construction is simple, but there is now a bit more complexity introduced by virtue of the differing sizes of the quilt blocks.


One of the most simple quilt design ideas for this stage is the log cabin quilt. This is one of the most traditional quilt blocks, even having been used by the ancient Egyptians.

The basic log cabin design is for a red square in the middle which represents the hearth. This is surrounded by frames of rectangles representing the logs. Variety is achieved by using different
colours and different widths of rectangles for the logs, giving stunning results when the quilt blocks are sewn together.


Once a beginner quilter has a little confidence, different shapes can be introduced into the quilt design ideas.

Triangles are the most obvious next step but it would be best to stick to right angled triangles at first. These are made by cutting two squares of different colours along one diagonal and then sewing two triangles of different colours back
together again. This obviously gives you a square again, although it will be a smaller square than those that were originally cut along the diagonal.


At this stage the number of quilt designs that can be used by the beginner increase dramatically. Using careful placement of colours, stars and
flowers can be created using just squares and half square triangles.

When considering quilt design ideas, it is not only the shape of the quilt blocks that needs to be considered - the size of the blocks also has a bearing.

It is more difficult to make a quilt with lots of small, fiddly constituent parts. Big blocks are more easy to work with and also help the quilt to grow more quickly. This again helps the confidence of the quilter.

For more information on learning how to quilt, visit Ludlow Quilt and Sew. Sign up for the free newsletter to receive a simple tutorial for a new beginner quilting project each week. http://www.ludlowquiltandsew.co.uk

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## What's In This Month's Premium Online Quilt Magazine?



How do you turn this

- into This???


Exploring Blocks

Make our Modern
Zebra Tote bag, using some fun and easy improv piecing skills.
(Page 48)

This month, in our Extra-Big June Premium Issue:

* Check out the great advice in Leah Day's "Quilting Questions Answered" column
* Hints and Tips from reader favourite Brannie - our Quilt Block of the Month Cat (with cat-itude!)
* Jump in and make our Super-fun Exploring Blocks Sampler BOM quilt! (And Best of All - once you've upgraded, you can download previous issues to catch up on patterns you've missed!)
* Grab a Tote - pattern, that is! Play with some rulefree piecing techniques to make this oh-so-handy bag!
* More fabrics, reviews, articles and more!

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We're pleased to be able to bring you a selection each month of the Newest Fabric Releases and the new season fabric "must haves".


Petites Maisons De Noel by French General for
Moda Fabrics

## What's New from The Fat Quarter Shop

From Kimberly Jolly at www.FatQuarterShop.com

Petites Maisons de Noel is a fun holiday collection which features our favorite French holiday prints combined with our own illustrations of small Christmas houses.

Filled with our favorite reds, pearls and greens, this collection will be the perfect addition to all your holiday sewing.

Petites Maisons De Noel by French General for Moda Fabrics is available in precuts, yardage and a coordinating pattern by It's Sew Emma.

Check it out at:
https://www.fatquartershop.com/moda-
fabric/petites-maisons-de-noel-french-general-moda-fabrics


Howdy by Stacy Iset Hsu for Moda Fabrics
Howdy! Pull up your boot straps and grab you favorite cowboy hat, these cute cowpokes are headed to the corral. Add a little bit of "western" style to your next project with cowboy boots, horseshoes, bandanas and country roses in a beautifully versatile color palette. Howdy by Stacy Iset Hsu for Moda Fabrics is available in precuts, the Fat Quarter exclusive Jolly Bar, two kits and yardage. Giddy up!

## See More at:

https://www.fatquartershop.com/moda-fabric/howdy-stacy-iset-hsu-moda-fabrics



## Snowberry by 3 Sisters for Moda Fabrics

A bright red berry frozen by a winter storm was the inspiration for the color palette of Snowberry. Icy whites and grays, shades of blue and vibrant red - all the colors of a bright winter day re-imagined in classic 3 Sisters' floral prints to create a sophisticated collection that will work in any season. Snowberry by 3 Sisters for Moda Fabrics is available in precuts, kits, cotton yardage and coordinating woven prints.

View this range at:
https://www.fatquartershop.com/moda-fabric/snowberry-3-sisters-moda-fabrics

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## LUDLOW QUILT AND SEW

Discover new and exciting projects to quilt and sew each month with clear and easy to follow instructions. Visit our website and subscribe to Ludlow Quilt and Sew's free monthly newsletter now.
www.ludlowquiltandsew.co.uk

## Book Review

By Annette Mira-Bateman from www.QuiltBlockoftheMonthClub.com


"Jo's Little Favorites II - A Classic Collection of 15 Small Quilts" by Jo Morton

This second book of Jo's Little Favorites follows the success of the first. It includes some really beaut. ideas for decorating your home with quilts - like lining small baskets (pattern out) or hanging several rolled-up quilts in a row. The quilts are small; fat $1 / 4$ 's or fat $1 / 8$ 's are often all you need.

The patterns are really cute, but the photos showing decorating ideas are as important.

With block sizes around 5 " to 6 ", the completed quilts measure about $25^{\prime \prime}$ to 30 ", with a few smaller or larger.

One is up to 55" and looks great as an outdoor tablecloth.

If you want to continue making quilts (and don't we all?) and you've got every bed covered and
are starting on the walls, then this book is for you.

Change the decorations in your house, showcase your works of art and best of all, keep on quilting.
"Jo's Little Favorites II" is another winner and you'll love sewing these little gems.

It is published by Martingale and is available through your local craft book shop or online from: www.ShopMartingale.com (Photos courtesy of Brent Kane, Martingale)



## Recipe Corner - Lemon and Coconut Brownies



## Ingredients:

250g ( $1 / 2 \mathrm{lb}$ ) butter
430 g ( 2 cups) caster (fine white) sugar
4 eggs
225 g ( $11 / 2$ cups) plain flour
85 g (1 cup) desiccated (finely shredded)
coconut
3 tsp finely grated lemon rind
60 ml ( $1 / 4$ cup) fresh lemon juice
Icing sugar, to dust

Step 1 - Preheat oven to $180^{\circ} \mathrm{C}$ (356F). Line a 20 x 30 cm ( $8 \times 12 \mathrm{in}$ ) (base measurement) slab pan with non-stick baking paper.

Step 2 - Melt the butter in a saucepan over medium heat. Remove from heat. Stir in sugar. Add eggs, 1 at a time, and stir until mixture is thick and glossy.

Step 3 - Sift the flour over the egg mixture and stir until well combined. Stir in coconut, lemon rind and lemon juice. Spread over base of prepared pan.

Step 4 - Bake for 30 minutes or until a skewer inserted into the centre comes out clean. Set aside in the pan to cool completely. Cut into pieces. Dust with icing sugar.

## Reader "Show and Tell"

This month we continue our regular segment of "Show and Tell" quilts made by our Online Quilt Magazine Readers.

We will include them as long as you can send them to us, and that way we can all share in the wealth of creativity and inspiration abundant within our quilting community.
** Remember to keep sending in photos of your latest quilt projects to share. Please send to: jody@onlinequiltmagazine.com .

This month we've had several quilts and sets of blocks sent in by participants of our most recent Global Friendship Block Swap Project. They've come together really well, and the results are brilliant!
"...trying to decide what fabric to use for my sashing. Sandeep has chosen his favorite block :)"

- Julie G., USA

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- Maria B., Australia

"Here is a picture of the blocks I have received so far. Thanks so much every one. such a treat to get your handiwork !!"
- Sharon T., USA


Sharon also sent in a quilt she made recently for a granddaughter's birthday -

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"I have just finished the border, but have yet to decide on the quilting, this may take a while!!!"

Jan K., Australia


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Terri E., has just finished the border on hers, and it's \(59 \times 92\) inches in size.


\section*{Like}

Keep up to Date with What's Happening on our Facebook Page - Do You Love Quilting Too?

Bonus blocks, hints and tips added all the time!!
http://www.facebook.com/\#!/pages/Do-You-Love-Quilting-Too/271888039492644
"Here's the photo of my quilt blocks. I love them all, and the stories that came with them. I haven't quilted it yet, not sure if I want to add a border and finish it, or add to it with another set of friendship blocks. I've enjoyed working on this - both making blocks to send and receiving blocks to assemble. "
- Tammy W., USA

"I have just finished this quilt".
Liz N., Australia

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"For several weeks now I've been working on this quilt as each house pattern becomes available on line via a weekly newsletter from a New Zealand fabric shop. It was fun to make and a great way to use up left over scraps from previous projects."
- Valerie D., Australia

"This quilted mosaic wall-hanging was inspired by a ceramic tile sculpture. It is made up of small pieces of fabric that were fused onto a background fabric and then quilted, using a meander free motion technique. It was finished with a facing, rather than a traditional binding, to make it look more like an artwork to hang. It is \(2^{\prime}\) by 3'. Hope you enjoy it!"
- Lisa, Ontario, Canada

"My husband and I are teaching in China for 2 years so I decided to make Dresden plates of anything significant about our stay in China. I don't have a sewing machine here so hand paper piecing is the way to go...I am calling it my China quilt.

These are a few of my blocks so far..."
- Debbie W., Ningbo, China

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"This was fun ! A lot of stuff was out of my way, and beautifully arranged! The quilt was made on a very nice workshop, and must be quilted now!!!
-Jacqueline B., Belgium


We love sharing the quilts you've made, and the hints and tips you have. If you have any, please send them to jody@onlinequiltmagazine.com, as we'd love to include yours!

"This is a photo of an adaption I made to your original pattern " At Home Among the Gum Trees " which I got from BOM Club quite early on.

I needed to have a basic pattern that would allow me to add several photos to it and didn't have a lot of time to make the quilt.

It was made for my brother's 6oth birthday at the end of April this year."
- Glenys P., Australia


\section*{MY QULLTING LIFE Exploits of a Quilty Cat}

By Brannie, with Annette Mira-Bateman

\section*{Brannie's New Book is Out Now!}

We know you'll love Brannie just as much as we do, and this selection of Brannie's best stories will have you in stitches!

Go to
https://www.createspace.com/5561384 to order your copy today.

\section*{Block of the Month}

This Block is a classic pieced block, and would be great combined with some bright appliquéd flowers. Piece the triangle basket together first, then the side strips and triangles and finally the larger two triangles to complete the block.

To make this 10 inch block as shown, you will need 3 different fabrics, and once you have rotary cut the pieces according to the Cutting Diagram, you can piece them together as shown.

\section*{Basket}


Cutting Diagrams


Patch Count
\(\square\) 1 patch

B

\(\square\) 2 patches


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Use a layout like this for a lap quilt, and applique some bright flowers in the baskets to create a quilt all of your own design. Make a cushion or throw pillow cover with a single block.

For more great quilts and blocks, visit www.QuiltBlockOfTheMonthClub.com

\section*{Today's Tips:}

Jan B., from NSW Australia sent in this really handy tip this month:
"I came upon a handy tip for your online magazine. I have been making some quilted placemats for my granddaughter, and after quilting, needed to round the corners prior to binding.

My granddaughter chose a nature print fabric with wolves in their wild surroundings, and nothing seemed to show up when I tried to mark the rounded corners, difficult trying to mark through the quilted sandwich.

I tried special pencils, biros, etc. and nothing seemed to show up. Then I remembered what a very old friend used - the worn down remnant of a cake of soap, used like tailor's chalk! It worked like a dream. The only other, and slower alternative would have been to cut a paper
template of the rounded shape, and pin it in each corner to cut around - very time consuming."

We found these tips again this month and thought they might help too -
* To reduce seam allowance bulk when machine piecing, seam allowances that meet should be pressed in opposite directions whenever possible.
* When doing stitch-in-the-ditch machine quilting, stitch as close to the seam as possible, on the lower side of the seam (the side of the seam opposite the seam allowance bulk).
* To keep bobbin thread from tangling on the back when machine quilting, always bring the bobbin thread to the top of the quilt before beginning to sew.

\section*{YES, We Want to Hear From You!}

As our Online Magazine continues to grow each month, we need your feedback in order for us to continue to improve our publication for you.
- We want to know how you liked it.
- We want to know the topics you're interested in.
- We want to know if you have any suggestions, Hints or Tips of your own that you'd like included, or if you know anyone we should include a story on!

Please send me an email with your Testimonial, Tip, Suggestion, "Show and Tell" Quilt or Enhancement - I'd love to hear from you!

Send all emails to:
jody@onlinequiltmagazine.com

\section*{"Quilt-y" Quotes...}

You Know you are a Quilter If........
* There's more Fabric in the House than Food
* "Fat Quarters" are not the heaviest part of your body
* Your ironing board is always set up but you never iron clothes
* You think of your job as an interruption of your quilting time

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